



PSHE – Schemes of Learning- Terms 1 & 2

Term 1

| | Year 7 | Year 8 | Year 9 | Year 10 |
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| Lesson 1 | Me and my identity | Family | Relationships | Human Rights and the Equality Act |
| Lesson 2 | Peer Pressure and belonging | First impressions, faiths and beliefs | Risk and identity | Grief and Loss |
| Lesson 3 | My Online Identity | Race, Religion and Multicultural Britain | Consent | Risk in real life and online |
| Lesson 4 | Understanding stereotypes, prejudice and Discrimination | Social injustice and social Inequality | Prejudice and discrimination | Social injustice and social Inequality |
| Lesson 5 | Challenging discrimination and bullying | Bullying and LGBTQ+ Bullying | Bullying and LGBTQ+ Bullying | Multiculturalism, society and inequality |
| Lesson 6 | The Structure of government | Understanding the cabinet and media | The Law and the justice system | Relationships, power and goals |
| Lesson 7 | Uni Frog | Uni Frog | Uni Frog | Uni Frog |
| Lesson 8 | Character Log Book | Character Log Book | Character Log Book | Character Log Book |

Term 2

| | Year 7 | Year 8 | Year 9 | Year 10 |
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| Lesson 1 | My Dreams and Goals | My Long-Term Goals | Planning for my Dreams and Goals | Balance and Health |
| Lesson 2 | Coping Strategies | Understanding the Value of Money | Understanding the Value of Money | Health MOT |
| Lesson 3 | Making Choices | Money and Earnings | Substances | Extraordinary Bodies and Minds |
| Lesson 4 | Managing Anxiety and Stress | Managing Stress | Grooming | Diseases, STI's and Treatments |
| Lesson 5 | Making Good Health Choices | Me and My Health | Taboo – FGM, Honour based abuse | Sex |
| Lesson 6 | Understanding Substance | Understanding Substance | Being a good citizen | Being an Adult, relationships and Law |
| Lesson 7 | Uni Frog | Uni Frog | Uni Frog | Uni Frog |
| Lesson 8 | Character Log Book | Character Log Book | Character Log Book | Character Log Book |