



# Cotswold Edge Sixth Form



<b>Subject:</b>	Level 3 diploma food science and nutrition	<b>Assessment Point 1 - Coursework</b>
<b>Title of the project:</b>	International Foods Project	
<b>Due date:</b>	First lesson back September 2020	
<b>Learning skills and their place in the specification</b>	Learning skills: Research and Essay Writing  During the two year course you will develop many skills. During this Assessment you will be able to learn how to research; using websites and the referencing system. You will learn how to structure an essay using quotes from resources found and show a good understanding of the topic.	
<b>Specification link</b>	<a href="https://www.wjec.co.uk/media/3lljcxyl/level-3-certificate-in-food-science-and-nutrition-specification-2019-2020.pdf">https://www.wjec.co.uk/media/3lljcxyl/level-3-certificate-in-food-science-and-nutrition-specification-2019-2020.pdf</a>	
<b>Tasks set</b>	In a PowerPoint presentation (minimum of 10 slides) or a written report of at least 800 words you must describe and design.	
<b>How this links to the exam specification</b>	For food; there are 2 modules in the new specification, 2 external exams and 1 internal, in these exam papers there will be questions relating to this subject. This project is to enhance your knowledge of different food types and ways of preparation which will enable you to have a good base to draw from for module 1.	
<b>How to complete the task:</b>	Using the titles and information below research the following topics.  <u>Researching food from 4 international countries</u> <u>Task 1:</u> You will be researching the following countries Mexico Japan Italy Germany. Your research should include, attitudes to food, traditions associated with food, specific cooking styles/skills, national recipes, customs, history of food in that country and influences on other cuisines. <u>Task 2:</u> <u>Your own choice of country</u> Answer the following questions: <ol style="list-style-type: none"><li>1. What are the distinctive characteristics of the food?</li><li>2. How do foods and meals differ from those of the UK?</li><li>3. How do people obtain the required nutrients?</li></ol>	

	<p>4. How have land and climate conditions influenced the food and customs?</p> <p>5. How has the country influenced the UK's food and traditions?</p>
<p><b>Resources or links</b></p>	<p><a href="https://www.bbcgoodfood.com/recipes/category/cuisines">https://www.bbcgoodfood.com/recipes/category/cuisines</a>  <a href="http://slowitaly.yourguidetoitaly.com/popular-foods-of-italy/">http://slowitaly.yourguidetoitaly.com/popular-foods-of-italy/</a>  <a href="https://www.lifeinitaly.com/history-of-food/the-history-of-italian-cuisine-i">https://www.lifeinitaly.com/history-of-food/the-history-of-italian-cuisine-i</a>  <a href="https://www.sushisushi.co.uk/blogs/education/a-short-history-of-japanese-food">https://www.sushisushi.co.uk/blogs/education/a-short-history-of-japanese-food</a>  <a href="http://www.foodbycountry.com/Germany-to-Japan/Japan.html">http://www.foodbycountry.com/Germany-to-Japan/Japan.html</a>  <a href="https://www.japancentre.com/en/pages/156-30-must-try-japanese-foods">https://www.japancentre.com/en/pages/156-30-must-try-japanese-foods</a>  <a href="https://www.swedishnomad.com/traditional-german-food/">https://www.swedishnomad.com/traditional-german-food/</a>  <a href="https://www.delish.com/cooking/g1393/traditional-mexican-food-0710/">https://www.delish.com/cooking/g1393/traditional-mexican-food-0710/</a>  <a href="http://www.aztec-history.com/traditional-mexican-food.html">http://www.aztec-history.com/traditional-mexican-food.html</a>  <a href="https://world-food-and-wine.com/mexican-food-history">https://world-food-and-wine.com/mexican-food-history</a>  <a href="http://factsanddetails.com/japan/cat19/sub123/item1858.html">http://factsanddetails.com/japan/cat19/sub123/item1858.html</a>  <a href="https://people.howstuffworks.com/culture-traditions/national-traditions/german-tradition1.htm">https://people.howstuffworks.com/culture-traditions/national-traditions/german-tradition1.htm</a>  <a href="https://www.lifeinitaly.com/history-of-food/foreign-influences-on-italian-cuisine">https://www.lifeinitaly.com/history-of-food/foreign-influences-on-italian-cuisine</a></p>
<p><b>Staff contact and email address:</b></p>	<p>Alison Gibb  Alison.gibb@yateacademy.co.uk</p>
<p><b>Number of learning hours it will take to complete</b></p>	<p>Minimum 10 hours</p>
<p><b>Additional resources from GCSE to A level</b></p>	<p><b>PATHOGENS</b>  What is the definition of a <b>pathogen</b>?  How do people get food poisoning from <b>pathogenic bacteria</b>?</p> <p><b>MICROBES</b>  Where are <b>microbes</b> found? (Microbes are another term used instead of bacteria)</p> <p><b>MOULDS</b>  What are <b>moulds</b> and how do they cause food spoilage?</p> <p><b>BACTERIA</b>  What are bacteria?</p> <p><b>PESTICIDES AND HERBICIDES</b>  What are <b>pesticides and herbicides</b> and who can they be harmful to food?</p> <p><b>PARASITES</b>  What are <b>parasites</b>? How do they cause food-borne illness?</p> <p><b>POISONOUS PLANTS</b>  Find images and/or information about <b>plants that can be poisonous</b> if eaten or not cooked and prepared properly. Use the space below to record the information using a method of your choice.</p> <p><b>ALLERGENS</b>  Produce a poster for your kitchen to remind staff about <b>common allergens</b> and how to prevent contamination.  Websites to use  <a href="https://www.wikilectures.eu/w/Micro-organisms_in_Foods">https://www.wikilectures.eu/w/Micro-organisms_in_Foods</a></p>

	<p><a href="https://www.livescience.com/51641-bacteria.html">https://www.livescience.com/51641-bacteria.html</a> <a href="https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/foodborne-illness-and-disease/parasites-and-foodborne-illness/ct_index">https://www.fsis.usda.gov/wps/portal/fsis/topics/food-safety-education/get-answers/food-safety-fact-sheets/foodborne-illness-and-disease/parasites-and-foodborne-illness/ct_index</a> <a href="https://www.foodsafety.gov/food-poisoning">https://www.foodsafety.gov/food-poisoning</a> <a href="https://www.myweekly.co.uk/2018/05/23/10-plants-that-could-kill-you/">https://www.myweekly.co.uk/2018/05/23/10-plants-that-could-kill-you/</a> <a href="https://www.healthline.com/nutrition/common-food-allergies">https://www.healthline.com/nutrition/common-food-allergies</a></p>
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