



BTEC Level 3 National Extended Diploma in Health and Social Care



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Welcome to Level 3 Health and Social Care. We are so happy you decided to choose this course at Yate Academy.

This course is for students who are interested in a career in the Health & Social Care sector.

This course has been developed to give you the skills and knowledge you will need to deal with the challenges you will face whilst working in or studying in this field.

You will develop professional and personal skills through interaction with people who either work in the sector or require care or support, as well as theoretical knowledge and understanding to underpin your skills. This will allow you to offer specific, person-centred care and support and build positive relationships with the people you work with, so that their needs and requirements are met whilst they maintain control of their own care and support.

You will consider the real impacts to people living with conditions or illnesses such as the social, financial and psychological impacts, not just the signs, symptoms and treatment of faceless conditions or illnesses. You will also learn about the legislation and guidance supporting health and social care, so you can ensure the people you are working with are not only able to access all the care and support they are entitled to, but you are also able to protect yourself from any harm or abuse whilst at work.

You will cover a variety topic including:

- Building positive relationships in Health and Social Care
- Equality, Diversity and Rights in Health and Social Care
- Health, Safety and Security in Health and Social Care
- Anatomy and Physiology for Health and Social Care
- Infection Control
- Safeguarding

This qualification will enable you to achieve your potential and move on to the next step of your life plan, whether it be Higher Education, an apprenticeship, or employment.

We really look forward to starting this journey with you in September.

Mr Revett – Head of Sport and Health

Understanding the course:

Specification	BTEC Level 3 National Extended Diploma in Health and Social Care
Coursework	Unit 5 Meeting Individual Care and Support Needs Unit 6 Work Experience in Health and Social Care Unit 7 Principles of Safe Practice in Health and Social Care Unit 8 Promoting Public Health Unit 9 Infection Prevention and Control

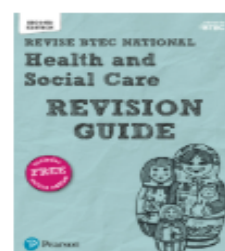
	Unit 12 Supporting Individuals with Additional Needs Unit 14 Physiological Disorders and their Care Unit 18 Assessing Children's Development Support Needs Unit 19 Nutritional Health
Exams	Unit 1 Human Lifespan Development – Year 12 (1h 30 mins) Unit 2 Working in Health and Social Care – Year 12 (1h 30 mins) Unit 3 Anatomy and Physiology for Health and Social Care– Year 13 (1h 30 mins) Unit 4 Enquiries into Current Research in Health and Social Care– Year 13 (3 hours)
Teachers	Mrs G Davies gdavies@yateacademy.co.uk Miss I Woods iwoods@yateacademy.co.uk Miss G Malpas gmalpas@yateacademy.co.uk Mr S Revett srevett@yateacademy.co.uk

Course requirements

Please come prepared to your first lesson with the following materials:

- Pencil case with black pens, purple pens, highlighter, ruler
- 1 lever arch folder and dividers
- 1 blank, lined exercise book for independent study
- A diary or planner

If you would like to buy a textbook for the course you may, here are the links:



Book 1 and Book 2 will cover all units needed for this course. It is not a necessity to have one. <https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-2016.resources.html>

Revision Guide – only purchase if you think you may need it

<https://qualifications.pearson.com/en/qualifications/btec-nationals/health-and-social-care-2016.resources.htm>

Summer bridging work

To ensure you start the year as successfully as possible, please come to your first lesson having completed the following tasks.

Consolidation Task:

Task – present on paper or a slide show	Time Expected	Complete																					
<p>Explain each of these key terms</p> <ol style="list-style-type: none"> 1. Growth Development 2. Centile Lines (percentiles) 3. Development norms 4. Milestone 5. Gross motor skills 6. Fine motor skills 7. Adolescence 8. Menopause 9. Life expectancy 10. Cognitive impairment 11. Abstract logical thinking 12. Egocentric thinking 13. Concrete logical thinking 14. Equilibrium 15. Disequilibrium 16. Self-concept (sense of identity) 17. Stranger anxiety 18. Nature 19. Nurture 20. Predisposition 	30mins																						
<p>Task - what are the age ranges and key physical features of the life stages? Write this on paper or present on a slide show.</p> <table border="1" data-bbox="217 1397 1046 1769"> <thead> <tr> <th>Life Stage</th> <th>Age</th> <th>Key Features</th> </tr> </thead> <tbody> <tr> <td>Birth and infancy</td> <td>0-2 years</td> <td>Infants grow rapidly, at around 1 years old infants can walk, by 2 they can run.</td> </tr> <tr> <td>Early childhood</td> <td></td> <td></td> </tr> <tr> <td>adolescence</td> <td></td> <td></td> </tr> <tr> <td>Early adulthood</td> <td></td> <td></td> </tr> <tr> <td>Middle adulthood</td> <td></td> <td></td> </tr> <tr> <td>Later adulthood</td> <td></td> <td></td> </tr> </tbody> </table>	Life Stage	Age	Key Features	Birth and infancy	0-2 years	Infants grow rapidly, at around 1 years old infants can walk, by 2 they can run.	Early childhood			adolescence			Early adulthood			Middle adulthood			Later adulthood			45 mins	
Life Stage	Age	Key Features																					
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information of the story. Explain what was thought-provoking about it and the questions it led to. How did it make you feel?		
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Apply Task:

<p>Task - Present on paper or a slide show</p> <p>Read this article by the King's Fund and complete the task The King's Fund is an independent charitable organisation working to improve health and care in England. Our vision is that the best possible health and care is available to all.</p> <p>https://www.kingsfund.org.uk/insight-and-analysis/blogs/integrating-health-social-care-covid-19-response</p> <p>Review/synopsis: Write a short summary about the article. Who, what, where, when, why?</p> <p>Include all key information of the story.</p> <p>Explain what was thought-provoking about it and the questions it led to.</p> <p>How did it make you feel?</p> <p>What impact is Covid 19 having on H&SC?</p>	1 hour	
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Extension Task:

RECOMMENDED Additional Prep:	
Online News Articles / Journals	https://www.nursingtimes.net/
Podcast(s)	The King's Fund podcast TedTalks Health The ultimate health podcast

Online Course(s)	https://www.futurelearn.com/courses/effective-nursing-in-times-of-crisis https://www.futurelearn.com/courses/e-bug-health-educator-training https://www.futurelearn.com/courses/public-health-history https://www.futurelearn.com/courses/the-role-of-vaccines-in-preventing-infectious-diseases-and-amr
Wider Reading	<ul style="list-style-type: none"> ✓ Lifespan Development, by Denise Boyd and Helen Bee ✓ This is going to Hurt - Adam Kay ✓ When breath becomes air – Paul Kalanithi ✓ The language of kindness, a nurse’s story – Christie Watson ✓ You can read the book Wonder or watch the film. – R.J. Palacio
Films / Documentaries	<ul style="list-style-type: none"> ✓ Outbreak (1995) cert 15 ✓ Contagion 2011 cert 12A ✓ Three Identical Strangers (2018) cert 12A ✓ Awakenings (1990) cert 12A ✓ 50/50 (2011) cert 15 ✓ Super-Size Me (2004) cert 12A ✓ Inside Out (2015) U ✓ Katie Price: Harvey and Me (BBC iPlayer) ✓ Rob Burrow: Living with MND (BBC iPlayer) Bowl babe in her own words (BBC iPlayer) ✓ Five Feet Apart ✓ The theory of everything ✓ Wonder ✓ Secret life of 5-year-olds ✓ The Children’s Act film
Websites to explore	https://www.nhs.uk/ https://www.healthtalk.org/