



Cotswold Edge Sixth Form



Subject	Level 3 Diploma in Food Science and Nutrition	Exam board	Eduqas
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Course Outline

Learners complete three units: two mandatory and one optional. The first mandatory unit will enable the learner to demonstrate an understanding of the science of food safety, nutrition and nutritional needs in a wide range of contexts, and through on-going practical sessions, to gain practical skills to produce quality food items to meet the needs of individuals.

The second mandatory unit will allow learners to develop their understanding of the science of food safety and hygiene; essential knowledge for anyone involved in food production in the home or wishing to work in the food industry. Again practical sessions will support the gaining of theoretical knowledge and experience.

Studying one of the two optional units will allow learners the opportunity to study subjects of particular interest or relevance to them, building on previous learning and experiences. The Eduqas Level 3 Diploma in Food Science and Nutrition is assessed using a combination of internal and external assessment.

Students who have not studied a food related course at GCSE will be considered for this course.



Unit	Unit Description	Requirement	Assessment
Unit 1	Meeting Nutritional Needs of Specific Groups	Mandatory	Internal and External Assessment
Unit 2	Ensuring Food is Safe to Eat	Mandatory	External Assessment
Unit 3	Experimenting to Solve Food Production Problems	Optional	Internal Assessment
Unit 4	Current Issues in Food Science and Nutrition	Optional	Internal Assessment

Course Progression

Together with other relevant qualifications at Level 3, such as Biology, Chemistry and Maths and/or Level 3 qualifications in Hospitality or Science, learners will gain the required knowledge to be able to use the qualification to support entry into higher education courses such as:

- BSc Food and Nutrition
- BSc Human Nutrition
- BSc (Hons) Public Health Nutrition
- BSc (Hons) Food Science and Technology

As this course is very broad it covers many different careers paths which include – Nutrition, Dietetics, Food Science, Sport Science, Product Development, Marketing, Food & Consumer Studies, Environmental Health, Hospitality and Catering, Leisure and Tourism, Social Work, Health & Social Care disciplines, Nursing, Teaching and many more.